



Group Leader Award

Course Booking Guide

training@cyclinguk.org

www.cyclinguk.org

Group Leader Award – Course Booking Requirements

Introduction

The [Group Leader Award](#) helps participants develop the skills to lead a group rides on road, paths and byways. This course has a good mix of practical and theory with simulated group ride and practice in leading different types of groups. ***Ideal for start up/community groups.***

Duration: 4 hours of E-Learning plus 4 ½ hour Practical Training and Assessment.

Time: 10am to 2.30pm on day of Practical Training and Assessment is preferred. (As scheduled with Cycling UK).

Number of Participants: Minimum – 5. Maximum – 7.

Cost: £139 per person. £877 per group of 7 participants.

Booking: Please provide a minimum of 3 dates to allow allocation of tutor. Cycling UK will forward a booking form to confirm dates, cost and venue requirements. Participants will receive more details upon course sign up.

Pre-Requisite Qualifications & Experience

Age Limit: Minimum age is 18 years old.

First Aid Certificate: All participants are advised to hold an 8 hour outdoor first aid certificate; however, this is not mandatory.

Ride Experience: Participants should have some experience riding within a group and supporting group rides.

Venue & Resource Requirements

The Course Organiser is responsible for booking the venue. The following facilities will be required for the duration of the course:

Facility	Remarks
Individual Access to IT Equipment & Internet	For course sign up and E-Learning
Off Road/Traffic Free Area (Car Park/MUGA/Basketball Court/Park)	Pre-Ride Checks Ride Proficiency Assessment Warm Up Games
Easy Access to roads, cycle paths and byways.	Led Ride Assessment Scenarios
Toilet/WC	
Kitchen/Cafe	For post-ride debrief (not essential)
Picnic Area	Optional
Parking	Optional

Catering

A kitchen/cafe facility is preferable for post ride refreshments; however, participants will be advised to bring a packed lunch and hot/cold drink.

