



Basic & Trailside Maintenance Award

Course Booking Requirements Guide

training@cyclinguk.org

www.cyclinguk.org

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Introduction

The [Basic & Trailside Maintenance Award](#) gives participants the skills needed to prepare bikes for riding, ensuring they are safe and functioning correctly. It also enables participants to fix the most common problems that occur during a ride – on or off road (Puncture repairs, broken chains, gear and brake adjustments).

Suitable for those with a requirement to lead cycling activities or carry out basic Dr Bike sessions or repair tuition.

The course is hands-on. Participants will be working on their own bikes, getting their hands dirty and learning by doing.

Duration: 1 Day of guided learning.

Time: 9am to 5.30pm daily

Number of Participants: Minimum – 4. Maximum – 6.

Cost: £139 per person. £752 per group of 6 participants.

Booking: Please provide a minimum of 3 dates to allow allocation of tutor. Cycling UK will forward a booking form to confirm dates, cost and venue requirements. Participants will receive more details upon course sign up.

Pre-Requisite Qualifications & Experience

Age Limit: Minimum age is 14 years old.

Previous Experience: Nil.

Venue and Resource Requirements

The Course Organiser is responsible for booking the venue. The following facilities will be required for the duration of the course:

Facility	Day 1	Remarks
Classroom/Workshop	X	7m x 7m of floorspace Projector & Screen/Smart TV (Preferable but not essential) 7 x Tables/Workbenches & Chairs
Tools & Equipment	X	Delegates require their own clean/serviceable bike & a spare innertube Tutor will provide tools and consumable items
Toilet/WC	X	
Kitchen/Cafe	X	
Parking	Optional	Vehicle access required for loading/unloading of equipment

Note: Consideration should be given to set up and tidy up times when booking venues (30 mins either side).

Catering

A kitchen/cafe facility is preferable; however, participants will be advised to bring a packed lunch. Tutor to provide tea, coffee and other refreshments, as required.